

Nutrition Facts

1 Serving per Container

Serving Size 30g

Amount per serving

Calories 130

% Daily Value

| | |
|-------------------------------|-----------|
| Total Fat 5g | 8% |
| Saturated Fat 1g | 6% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 45mg | 2% |
| Total Carbohydrate 19g | 6% |
| Dietary Fiber 1g | 5% |
| Total Sugars 5g | |

Protein 2g

| | |
|-----------------|----------------------|
| Vitamin D 20% | Iron 15% |
| Calcium 25% | Potassium 3% |
| Vitamin A 20% | Vitamin C 30% |
| Vitamin K 15% | Vitamin E 15% |
| Riboflavin 35% | Thiamine 35% |
| Vitamin B6 25% | Niacin 35% |
| Vitamin B12 15% | Folate 3% |
| Phosphorus 25% | Pantothenic Acid 25% |
| Magnesium 15% | Iodine 15% |
| Selenium 3% | Zinc 5% |
| Manganese 8% | Copper 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| | | | |
|--------------------|-----------|---------|---------|
| | Calories: | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Shell: Brown Rice Meal, Rolled Oat Meal, Sugar, Vanilla Powder, Salt, Baking Powder, Natural Vanilla Flavor.

Strawberry Filling: Powdered Sugar, Soy Bean Oil, Whole Wheat Flour–Sterilized,

Vitamin/Mineral Blend (Calcium Phosphate, Magnesium Oxide, Ascorbic Acid, Iron Amino Acid Chelate, Niacinamide, D-Alpha Tocopheryl Acetate, Vitamin A Palmitate, Calcium Pantothenate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamine Hydrochloride), Zinc Oxide, Cholecalciferol, Potassium Iodide, Vitamin B2 (Riboflavin), Manganese Sulphate, Copper Gluconate, Selenomethionine, Phytonadione, Folic Acid, Vitamin B12 (Cyanocobalamin)), Palm Shortening, Skim Milk Powder, Lecithin, Real Strawberry Fruit Powder, Citric Acid, Natural Strawberry Flavor, Natural Color.

CONTAINS: WHEAT AND SOY INGREDIENTS.

PRODUCT IS MANUFACTURED IN A NUT FREE FACILITY